

Chan Sui Ki (La Salle) College
Extra-curricular Activities
2022-2023

We believe that extra-curricular activities (ECA) play a crucial role in assisting students' whole-person development. By encouraging participation, we wish to broaden student's horizons, enhance their multiple intelligences, nurture their personal values and self-confidence as well as sharpen their interpersonal skills. Therefore, the ECA Section sets different requirements for students of different forms.

All students are members of the Student Association. Besides this, we offer 8 school teams, 2 uniform groups, 5 Instrumental Classes and 23 clubs and societies for students to choose from according to their own interests.

Structure and requirements

The structure of our ECA is shown in the tables below. Students should meet the requirements of the ECA Section by following the guidelines on page 3.

A) Teams, Groups and Classes (校隊、制服團隊、樂器班)	
A1) School Teams (校隊)	
1. Athletics (田徑)	2. Cross Country (長跑)
3. Badminton* (羽毛球)	4. Basketball* (籃球)
5. Football* (足球)	6. Swimming* (游泳)
7. Table Tennis* (乒乓球)	8. Choir* (合唱團)
<i>For *school teams 3 – 8, members are selected by teachers.</i>	
A2) Uniform Groups (制服團隊)	
1. Red Cross (紅十字會)	2. Scouts (童軍)
A3) Instrumental Classes (樂器班)	
1. Violin (小提琴)	2. Cello (大提琴)
3. Flute (長笛)	4. Clarinet (單簧管)
5. Saxophone (色士風)	

B) Clubs and Societies (學會)

B1) Academic Groups(學術組) (Without recruitment) (不招會員)	
1. ACE Society (會計、商業及經濟學會)	2. Chinese History Society (中史學會)
3. Chinese Language Society (中文學會)	4. English Language Society (英文學會)
5. Geography Society (地理學會)	6. C&SD Society (公教學會)
7. Putonghua Society (普通話學會)	8. STEM Society
B2) Religious & Services Groups (宗教及服務組) (With recruitment)(招會員)	
1. Catholic Society (天主教同學會)	2. Community Youth Club (公益少年團)
3. Voluntary Services Group (義工服務組)	
B3) Art Groups (藝術組) (With recruitment) (招會員)	
1. Drama Club (戲劇學會)	2. Music Club (音樂學會)
3. Visual Arts Club (視覺藝術學會)	
B4) Interest Groups (興趣組) (With recruitment) (招會員)	
1. Aerospace Society (航天學會)	2. Board Game and Chess Club (桌遊棋藝學會)
3. Dance Club (跳舞學會)	4. Ecology Club (生態學會)
5. Home Economics Club (廚藝學會)	6. Multi-sports Club (多元運動學會)
7. Multimedia Production Club (多媒體製作學會)	8. Rope Skipping Club (花式跳繩學會)
9. Taekwondo Club (跆拳道學會)	

Guidelines on participating in ECA

A) Participation

Secondary 1

1. Students should choose
 - **at least one but no more than 2** items under A1) School Teams (teams 1-8), A2) Uniform Groups and A3) Instrumental Classes; and
 - **no more than one** item under B4) Interest Groups; and
 - **at least one but no more than 2** items under B2) Religious and Service Groups and B3) Art Groups; but
 - **at most no more than three** items under A1) School Teams (teams 1-8), A2) Uniform Groups and A3) Instrumental Classes, B2) Religious and Service Groups, B3) Art Groups and B4) Interest Groups

S1		
A1) School Teams	1-2	At most 3
A2) Uniform Groups		
A3) Instrumental Classes		
B2) Religious and Service Groups	1-2	
B3) Art Groups		
B4) Interest Groups	0-1	

Secondary 2 to Secondary 5

1. Students may participate in
 - A1) School Teams (members are selected by teachers)
 - A2) Uniform Groups and A3) Instrumental Classes
2. Students should choose
 - **at least one but no more than two** items under B2) Religious and Service Groups, B3) Art Groups and B4) Interest Groups,
 - **no more than one** item under B4) Interest Groups

S2-S5		
A1) School Teams	team members are selected by teachers	
A2) Uniform Groups	self-enrolment	
A3) Instrumental Classes		
B2) Religious and Service Groups	1-2	At most 2
B3) Art Groups		
B4) Interest Groups	0-1	

Secondary 6

1. Students may participate in
 - A1) School Teams (members are selected by teachers)
 - A2) Uniform Groups and A3) Instrumental Classes

2. Students should
 - **choose no more than one** item under B2) Religious and Service Groups and B3) Art Groups
 - **not choose any** item under B4) Interest Groups

S6		
A1) School Teams	team members are selected by teachers	
A2) Uniform Groups	self-enrolment	
A3) Instrumental Classes		
B2) Religious and Service Groups	0-1	At most 1
B3) Art Groups		
B4) Interest Groups	N/A	

B) Requirements for membership to be shown in report card for S1-S5 students

To be decided by individual teachers-in-charge

A1) School Teams

A2) Uniform Groups

A3) Instrumental Classes

Requirements for committee members and general members

	Requirements for	
	Committee members	General members
B1) Academic Groups	<ul style="list-style-type: none"> - Attend more than half of the committee meetings (e.g. 3 out of 4 meetings) - Submit a mid-year club report and annual club report by the respective deadlines 	<ul style="list-style-type: none"> - N/A
B2) Religious & Services Groups B3) Art Groups	<ul style="list-style-type: none"> - Attend more than half of the committee meetings (e.g. 3 out of 4 meetings) - Attend at least 1 general meeting - Submit a mid-year club report and annual club 	<ul style="list-style-type: none"> - Attend at least 1 general meeting - Take part in at least two activities

	report by the respective deadlines	
B4) Interest Groups	<ul style="list-style-type: none"> - Sit in on at least 50% of all sessions - Attend at least 2 committee meetings - Attend at least 1 general meeting - Submit a mid-year club report and annual club report by the respective deadlines 	<ul style="list-style-type: none"> - Attend at least 1 general meeting - Take part in at least 70% of all sessions

Remark: No membership of any of B2) , B3) , B4) will be shown in the report cards of S6 students.

C) Membership fee (regardless of committee members or general members)

\$10

B1) Academic Groups

B2) Religious & Services Groups

B3) Art Groups

\$100

B4) Interest Groups